



## ***Soba Noodles with Egg and Ham***

Yield: 8 Servings

### **Ingredients:**

4 Tbsp canola oil  
5 garlic cloves, coarsely chopped  
4 oz thinly sliced Ham off the Bone  
8 large eggs  
12 oz soba noodles, cooked  
½ lb cooked asparagus, bias cut  
½ lb cooked green beans, bias cut

### **Preparation:**

1. Heat oil in a nonstick skillet on medium heat.
2. Saute garlic for 5 minutes, careful not to brown.
3. Toss asparagus and green beans with garlic.
4. Add soba noodles and coat evenly.
5. In a separate skillet, cook eggs over easy in oil.
6. Divide noodles on 8 different plates, topping each one with an over easy egg and serve.

